as Simple as Respect

Diversity, Respect and Inclusion In the Workplace

Diversity, respect and inclusion are key factors in a healthy, productive workplace. We will discuss a plan to promote a respectful environment by exploring the following plan...

- A Guideline
- An exploration of the Guideline
- The Simple Steps for positive action

Turn Uncomfortable Situations Into Learning Opportunities

Try to turn negative situations into positive opportunities. By talking to others about why some things are offensive or insensitive, we help each other learn about respect. And a respectful workplace is a more productive and a happier one.

Simple Steps

Respond right away, calmly and rationally

Ask questions to help discover the source of inappropriate comments

Help coworkers understand why something is offensive PREVIEW ONLY

Religious Or Cultural Beliefs Should Not Be Used To Deny Anyone Equality At Work

Many of us have strong religious or cultural beliefs. Our coworker's beliefs may be different, and we should be careful to be respectful of those differences when expressing our own.

Simple Steps

Question whether expressing certain opinions is appropriate in a workplace setting

Let coworkers know that some behavior is inappropriate

Never be afraid to apologize

Just Because Expressions or Words Are Commonly Used, Does Not Mean They Are Acceptable

Think about the expressions and sayings you use. What might sound harmless to you may be very offensive to others.

Simple Steps

Be aware that cultural or ethnic stereotypes are offensive

Always use respectful language, no matter who's around

Don't cross boundaries in emotionally charged PREVIEW ONLY situations

Be Careful Not To Display Or Send Potentially Offensive Materials On Your Computer

E-mail and the Internet are tools, not toys. Sharing inappropriate messages, games. and non-work related Web pages has no place at work.

Simple Steps

Be sensitive to ethnic backgrounds that are different from your own

Take responsibility for hurtful behavior

Show understanding for others' feelings, and make efforts to repair workplace relationships PREVIEW ONLY

Judging People's Abilities By Their Appearance Can Lead To Discrimination

For example, asking only women to make coffee or clean up, or assigning physical tasks only to men is a form of discrimination. Never treat people differently based on their physical appearance.

Simple Steps

Speak up against appearance-based discrimination

Listen to and be understanding of the concerns of others

Take responsibility for your actions

Cultural Or Ethnic Stereotypes Are Offensive

Making generalizations and typecasting are both forms of stereotyping—for example, saying that a race of people are good athletes or excel in math, or that women are bad drivers and that men can't cook. Whether positive or negative, stereotypes are always inappropriate.

Simple Steps

Make coworkers aware of stereotypes, positive or negative, and why they are offensive

Explore similarities instead of focusing on differences

Consider people as individuals
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Speak Up Against Disrespect

Whenever possible, you should let coworkers know if they are being disrespectful or insensitive. By speaking up when these situations occur, you can often spare hurt feelings, anger, or discomfort in the future.

Simple Steps

Intervene before a problem escalates

Defuse tensions by listening and understanding

Relate disrespectful behavior to personal experiences



Diversity, Respect and Inclusion In the Workplace

In conclusion, we hope that you will remember it really is As Simple As Respect. Please use these guides to help promote diversity, respect and inclusion in your workplace.